

OREGON TECH INDOOR TRACK AND FIELD RECORD BOOK

MEN				WOMEN			
60	7.02	Donnie Pate	2019	60	7.95	McKenna Donovan	2025
200	22.15	Travis Thomas	2018	200	26.38	McKenna Donovan	2025
400	50.11	Owen Lien	2023	400	59.08	Tiffany Humpherys	2025
600	1:23.08	Angel Valdez	2020	600	1:37.67	Eva Brady	2023
800	1:52.14	Ricky Garcia	2018	800	2:24.44	Susie Garza	2015
1,000	2:31.79	Tucker Piper	2024	1,000	2:53.80	Danielle De Castro	2020
Mile	4:34.40	Paul Wyatt	2018	Mile	4:57.01	Danielle De Castro	2020
3,000	8:45.01	Jonas Hartline	2024	3,000	10:07.33	Danielle De Castro	2020
5,000	15:11.84	Jonas Hartline	2023	5,000	17:46.48	Cindy Reed	2019
60 Hurdles	8.52	Seth Gretz	2016	60 Hurdles	9.34	Ally Odell	2024
4x400 Relay	3:25.46		2018	4x400 Relay	4:09.15		2019
4x800 Relay				4x800 Relay			
DMR	10:35.43		2019	DMR	12:06.62		2019
Long Jump	6.98 m	Zuhuri Manley	2017	Long Jump	5.28 m	McKenna Donovan	2025
Triple Jump	14.27 m	Keith Lester	2013	Triple Jump	10.36 m	Jasmine James	2019
High Jump	1.93 m	Seth Gretz	2018	High Jump	1.53 m	Ally Odell	2024
Pole Vault	4.87 m	Bryan Quinn	2003	Pole Vault	3.20 m	Shannelle Cayetano	2013
Shot Put	12.85 m	Duke York	2016	Shot Put	12.37 m	Aurora Parsons	2025
Weight Throw	13.37 m	Hunter Enick	2024	Weight Throw	14.26 m	Katie Mull	2024
Heptathlon	5,057	Seth Gretz	2018	Pentathlon	3,239	Ally Odell	2023

ALL TIMES/MARKS HAVE BEEN ADJUSTED ACCORDING TO TFRRS TRACK SIZE / ALTITUDE CONVERSIONS